

DAY 1

COMPLETIONS & CLEANING UP A NEGATIVE RELATIONSHIP

“WE’LL DIE TO ACHIEVE OUR FAST-ACTION”

DAY 2

GRATITUDE FOR SELF (SIMPLE, RARELY, NEVER ACKNOWLEDGED)

GRATITUDE FOR 3 OTHERS (BELOW, LATERAL, HIGHER)

“EACH TIME WE TAKE THE RISK TO SHOW TRUE GRATITUDE, WE BECOME BEACONS OF LIGHT AND HOPE – NOT ONLY IN THE EYES OF THE RECIPIENT BUT MORE IMPORTANTLY IN THE HEART OF THE MAN OR WOMAN IN THE MIRROR.”

DAY 3

OVERWHELM AND MISSION

THERE ISN'T A MAGIC BULLET. EACH DECISION IS A VOTE FOR OR AGAINST OVERWHELM.”

“I CREATE A WORLD OF _____ BY _____.”

(VISION AND ACTION)

DAY 4

LIZARD BRAIN, SNEAKING UP ON SELF,
WHAT'S THE ONE IDEA YOU'VE SAT ON TOO LONG?

DAY 5

TWO TEMPLATES “EVENT” AND “MEMORY” QUEUED UP TO 5 PEOPLE

A FEW OF YOU BOOKED GIGS FROM THIS!

DAY 6

NOTING A LIMITING BELIEF

ABOUT HEALTH, MONEY, OR RELATIONSHIPS

AND TAKING A SLICE

“THIS IS A TIME WHEN I WOULD HAVE... AND INSTEAD I...”

DAY 7

TWO QUESTIONS ABOUT OUR PHYSICAL BODY AND A SLICE AT THEM

“ANSWER TWO QUESTIONS AND SURPRISE YOURSELF

(MAYBE EVEN SET YOU FREE...)

DAY 8

HOLDING VS RELEASING A GRUDGE

“AS ENTERTAINERS WE PROVIDE LIGHT.

DON'T DO ANYTHING TO SHADE THAT LIGHT”

DAY 9

CLEAN UP A MESS

“TAKES A SWIPE AT THAT WHICH BLOCKS YOU,
AND TRANSFORM IT INTO SOMETHING BEAUTIFUL.”

”

DAY 10

REVIEW / ACCOUNTABILITY / FEEDBACK LOOP

“THE GIFT OF REFLECTION, GRATITUDE, AND CELEBRATION FOR WHAT WE’VE BOTH DONE AND THAT WHICH WE HAVE SKIPPED.”

WHAT/WHY – WHAT/WHAT/WHY

DAY 11

THE LINCHPIN THAT CONNECTS US TO SUCCESS

“WHAT IS THE ONE THING THAT MAKES EVERYTHING ELSE
EASIER OR UNNECESSARY?”

ONE THING FOR HEALTH, MONEY, RELATIONSHIPS

DAY 12

MANAGING OUR SUCCESS – LIFE FIRST TEMPLATE

“THE SKILL TO **MANAGE** YOUR TIME DETERMINES HOW MANY OPPORTUNITIES YOU ARE ABLE TO MAXIMIZE VS. THE NUMBER THAT FALL THROUGH THE CRACKS.”

DAY 13

ANNIE ON RELATIONSHIPS

“MANY CONFLICTS SEEM TO BE ABOUT UNMET EXPECTATIONS.”

ME FIRST. ME/YOU. YOU FIRST.

DAY 14

PALESSI SHOES -

“WHAT WOULD YOU HAVE TO DO, SAY, BE AND HAVE TO GIVE YOUR IDEAL CLIENTS AN EXPERIENCE THEY’D JOYFULLY PAY MORE TO GET?”

DAY 15

PARKINSON'S LAW -

“HOW WOULD YOU DIVE INTO THIS IF YOU KNEW FOR SURE THERE WAS
\$1,000,000 WAITING FOR YOU IN ONE WEEK?.”

THE POWER OF ASKING “SO THAT...” AND FEELING THE IMPACT

DAY 16

CLARITY ON 'WHO'S IT FOR' AND 'WHAT'S IT FOR?'

"WHO IS IT GOING TO BE A GRAND-SLAM FOR
AND HOW MANY PEOPLE CAN I REPULSE?."

DAY 17

AVOIDING VAPOR LOCK – HOW WE WORK

“WHEN MUST WE BE FINISHED?

WHAT ARE THE MILESTONES ALONG THE WAY?

WHAT ARE THE MILESTONES TO THE MILESTONES?.”

DAY 18

STAYING IN THE LEFT SEAT OF OUR PROJECTS

“IF WE INSIST ON DOING EVERYTHING OURSELVES IN AN ATTEMPT TO SAVE TIME AND/OR MONEY, WE ARE COSTING OURSELVES MUCH MORE THAN WE’RE SAVING.”

DID YOU PUT A DOLLAR VALUE ON YOUR TIME?

DAY 19

THE AVOID-AT-ALL-COSTS LIST

“YOUR HEART AND GUT KNOW INSTANTLY WHICH MATTER MOST
YOUR BRAIN WILL TRY TO SCRAMBLE THE PUZZLE”

DAY 20

THE COURAGE TO PROPERLY SELL OUR “THING”

“THOSE WE KNOW ABOUT AND THOSE WE CAN’T EVEN IMAGINE.

BOTH ARE SO IMPORTANT TO STAY AWARE OF AND OPEN TO.”

CONNECT WITH ONE PERSON FROM EACH

DAY 21

REVIEW DAYS 10 – 20

DAY 3 (BIG WHY)

DAY 10 (FEEDBACK LOOP)

DAY 15 (BIG WHY)

“LET THOSE DRIVE YOU.
DON'T STRAY OR GO BACK TO SLEEP.”